

TRAVELLING TIPS

Beloved Friends,

When you are coming from abroad by air, you will probably land in São Paulo, Rio de Janeiro or Brasília. From any of these places, you will then fly to Florianópolis.

If you have a European passport, you don't need to apply for a visa to enter Brazil.

We suggest that you plan to arrive in Brazil at least two days in advance, so that you can acclimatize. We also suggest that you purchase all flight segments in advance, as some Brazilian websites might not accept foreign credit cards.

São Paulo

There are three airports in São Paulo: Congonhas Domestic Airport, Guarulhos International Airport and Viracopos International Airport. It is possible to fly to Florianópolis from all of these airports.

Airlines

The three most popular domestic airlines in Brazil are:

- Latam (www.latam.com.br)
- Gol (<u>www.voegol.com.br</u>)
- Azul (www.voeazul.com.br)



Bus from Florianópolis

You will need to take a taxi from the Florianopolis Airport to the Bus Terminal, that costs around R\$80,00. You board the bus at the Central Bus Station, downtown Florianópolis. The bus costs around R\$40,00 and it takes around 2 hours to get to a place called Araçatuba (7 Km from Mevlana Garden, the retreat hotel), or to a town called Imbituba (15 km from the retreat hotel). From Araçatuba or Imbituba, you will need a taxi to Barra de Ibiraquera. It will cost around R\$60,00 and it takes around 15 minutes.

By taxi

The taxi from Florianopolis Airport to Barra de Ibiraquera costs around R\$ 400,00. You can also book the "Mystic Taxi" in advance. Get in touch with Nalini (+55 48) 99155 5311 / mystictaxi@gmail.com



Car Rental

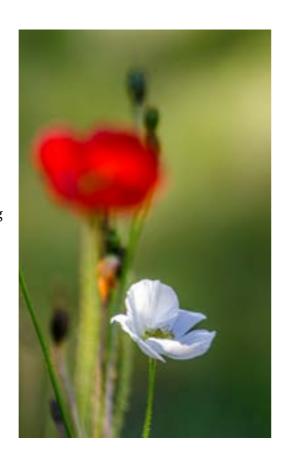
There are several car rental companies in Florianopolis Airport. One of them is called Localiza. You can book by calling 0800 979 2000 (valid only for calls in Brazil) or on the website www.localiza.com.

Money

Our currency is called Brazilian Real (R\$). If you need to exchange money, it is best to bring Dollars or Euros. Do not bring Norwegian Kroners or other currency. You can check updated rates at: www.x-rates.com

Exchange rates at the airport are usually very bad. There are currency exchange services with better exchange rates in Imbituba (15-minute drive from Mevlana Garden) and in Garopaba (30-minute drive from Mevlana Garden) – Casa de Câmbio Turcâmbio (www.turcambio.com.br).

You may also use debit/credit cards to pay for most goods and services and to take out money from some ATMs. You should check with your bank before traveling.



Staying in Barra de Ibiraquera

If you are planning to stay longer than the retreat period in Ibiraquera, there are many options, including guest houses, hotels or houses for rent. You can find more information on airnbnb.com.br. The number of visitors and accommodation availability is seasonal and varies greatly in Barra de Ibiraquera. During the summer (December, January and February) rental rates are very high and there are many tourists in the area. Outside of the high season, accommodation is easier to find and the village becomes very quiet and peaceful.

Weather

Barra de Ibiraquera is a beautiful beach located in southern Brazil. In the months of March, April, November and December, when the retreat happens, the temperature varies between 14 to 28 degrees approximately. It is quite windy and because of that Ibiraquera is known as one of the best spots in the world for the practice of windsurf and kitesurf.



Things to bring (or to buy here):

Meditation Chair
Blanket for meditations
Warm shawl or jacket
Bathing suit
Raincoat and/or Umbrella
Hat
Flip-flops
White clothes for weekend Satsangs
Alarm clock
Sunscreen
Mosquito repellent
Reusable water bottle

Sightseeing/ Tourism/ Sports

Trekking
Surf
Windsurf
Kitesurf
Whale watching

Places around Barra de Ibiraquera

Garopaba Praia do Rosa Imbituba Guarda do Embaú

What you find in Barra de Ibiraquera

Pharmacy
Restaurante Tartaruga
Restaurante da Barra
Restaurante Zequinha
Mini Supermarket (Mercado Guimarães)
Bus to Imbituba (twice a day)



The closest Banks, Hospital, etc. are located in downtown Imbituba (15-minute drive). There are no banks or ATMs in Barra de Ibiraquera.

Welcome to the Garden of the Beloved!